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CLAIMS

1. An arch support device, comprising:

a support member having a periphery shaped to conform to at least part of the periphery of the sole of a wearer's footwear, the member having an upper surface, a lower surface, and being contoured to follow the contours of the sole of a wearer's foot, the member having a heel region at one end, an arch region, and a toe region at an opposite end, each region being designed to lie under the corresponding regions of a wearer's foot when in use;

at least the heel region of the lower surface having a slip-resistant surface portion for resisting slipping of the element relative to the sole of a shoe in which it is inserted, the slip-resistant surface portion having a surface roughness of not more than 0.02 inches peak to valley.

- The device as claimed in claim 1, including a second slip-resistant
 surface portion in the toe region of the lower surface of the arch support member.
- The device as claimed in claim 1, wherein the upper surface of the
 arch support member has a slip-resistant surface portion extending over at least part of the upper surface.
- The device as claimed in claim 3, wherein slip-resistant portions are
 provided in predetermined areas of the heel region and toe region of the upper surface.

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- 5. The device as claimed in claim 1, wherein the slip-resistant portion extends over the entire lower surface of the arch support member.
- 6. The device as claimed in claim 5, wherein the entire upper surface of
 2 the arch support member has a roughened surface texture identical to that of the lower surface.
- 7. The device as claimed in claim 1, wherein the slip-resistant portion2 comprises a frosted surface texture formed in the arch support member.
- 8. The device as claimed in claim 7, wherein the frosted surface texture extends over the entire lower surface of the arch support member.
- The device as claimed in claim 7, wherein the upper surface of the
 arch support member has a frosted surface texture extending over at least part of the upper surface.
- 10. The device as claimed in claim 9, wherein the frosted surface texture extends over the entire upper surface of the arch support member.
- 11. The device as claimed in claim 1, wherein the slip-resistant portion
 2 comprises a layer of a slip-resistant material secured to the lower surface of the arch support member.
- 12. The device as claimed in claim 11, wherein the slip-resistant material2 is rubber.



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- 13. The device as claimed in claim 11, wherein the lower surface of the member has an indent in the heel region, and the slip-resistant layer comprises an insert secured in the indent with an outer surface substantially flush with the lower surface of the arch support member.
- 14. The device as claimed in claim 13, wherein the lower surface has a
 2 second indent extending across the toe region, and a second insert of slip-resistant material is secured in the second indent.
 - 15. An arch support device, comprising:

a member having a periphery shaped to conform to at least part of the periphery of the sole of a wearer's footwear, the member having an upper surface, a lower surface, and being contoured to follow the contours of the sole of a wearer's foot, the member having a heel region at one end, an arch region, and a toe region at an opposite end, each region being designed to lie under the corresponding regions of a wearer's foot when in use; and

a textured, slip-resistant surface portion extending over at least part of at least one of the surfaces of the arch support member, the slip-resistant surface portion covering an area equal to at least one quarter of the total surface area of the lower surface.

- 16. The device as claimed in claim 15, wherein the slip-resistant surface
 2 portion is provided in the lower surface.
- 17. The device as claimed in claim 15, wherein the slip-resistant surface2 portion is provided in the upper surface.



- 18. The device as claimed in claim 15, wherein textured, slip-resistant
 2 surface portions are provided on both the upper surface and the lower surface of the arch support member.
- 19. The device as claimed in claim 15, wherein the slip-resistant portion2 comprises a frosted surface texture.
- 20. The device as claimed in claim 19, wherein the entire lower surface of the arch support member has a frosted surface texture.
- 21. The device as claimed in claim 20, wherein the entire upper surface2 of the arch support member has a frosted surface texture.
- 22. The device as claimed in claim 15, wherein the slip-resistant portion comprises an injection molded surface finish produced by a sand-blasted mold surface.
- 23. The device as claimed in claim 15, wherein the slip-resistant portion has a surface roughness in the range from 0.0005 to 0.02 inches.
- 24. The device as claimed in claim 23, wherein the slip-resistant portion has a surface roughness in the range from 0.001 to 0.002 inches.
 - 25. An arch support device, comprising:
- a member having a periphery shaped to conform to at least part of the periphery of the sole of a wearer's footwear, the member having an upper surface, a lower surface, and being contoured to follow the contours of the

sole of a wearer's foot, the member having a heel region at one end, an arch



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region, and a toe region at an opposite end, each region being designed to lie under the corresponding regions of a wearer's foot when in use; and

a textured, slip-resistant surface portion extending over at least part of at least one of the surfaces of the arch support member, the slip-resistant surface portion comprising a random, frosted, injection molded surface texture produced by a sand-blasted mold surface.

26. A method of manufacturing an arch support device, comprising the steps of:

providing a mold of predetermined shape and dimensions for forming a one-piece arch support member having a periphery shaped to conform to at least part of the periphery of the sole of a wearer's footwear, the member having an upper surface, a lower surface, and being contoured to follow the contours of the sole of a wearer's foot, the member having a heel region at one end, an arch region, and a toe region at an opposite end, each region being designed to lie under the corresponding regions of a wearer's foot when in use;

the mold having a first surface for forming the upper surface of the arch support member and a second surface for forming the lower surface of the arch support member;

part of the area of the surface to form a surface roughness in the range of 0.005 to 0.05 inches peak to valley;

injecting molten plastic material into the mold; and

allowing the plastic material to harden before releasing the molded arch support member from the mold, the surface of the arch support member corresponding to the sand-blasted surface in the mold having a frosted, slip-resistant surface texture corresponding to the area of the mold surface which

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22 was sand-blasted.

- 27. The method as claimed in claim 26, wherein the step of roughening
 2 the mold surface comprises roughening the entire area of the mold surface.
- 28. The method as claimed in claim 26, including the step of roughening both mold surfaces, whereby the molded arch support member has a frosted, slip-resistant surface texture on both its upper and its lower surface.
- 29. The method as claimed in claim 26, wherein the step of roughening2 the mold surface comprises sand-blasting at least part of the mold surface.
- 30. The method as claimed in claim 29, including the step of sand-blasting both surfaces of the mold, whereby the molded arch support member has a frosted, slip-resistant surface texture on both its upper and its lower surface.
- 31. The method as claimed in claim 29, wherein the sand-blasted surface of the mold has a surface roughness in the range from 0.001 to 0.01 inches.
- 32. The method as claimed in claim 31, wherein the surface roughness is in the range from 0.001 to 0.002 inches.